



## CAMP PHILOSOPHY

At Minnesota State University, Mankato we will create an atmosphere where all kids can improve their game both on and off the ice while having fun doing it. We will work to improve their individual as well as team skills. Participants will learn many things they will be able to use to help them continue their improvement when they leave the camp. Our top priority is that each camper has fun during the week and leaves a better player.

## CAMP SCHEDULE (SAMPLE)



### Sunday

6:00 - 7:00 P.M. Skate All  
7:30 - 8:30 P.M. Check in Dorms

### Monday-Friday

8:00 - 9:00 A.M. Drop Off (Commuters)  
9:00 A.M. Ice Time #1  
10:15 A.M. Snack  
10:30 A.M. Dryland #1  
11:30 A.M. Ice Time #2  
12:45 P.M. Lunch  
1:15 P.M. Shooting/Stickhandling  
2:45 P.M. Ice Time #3  
4:00 P.M. Dry Land #2  
5:00 P.M. Pick Up

Residents will eat breakfast before leaving for rink, and will go for dinner following last ice session at 5:00 P.M. Residents will have nightly activities planned such as swimming, arcade, movies, and mini golf each night.

**\*\*\*17.25 Hours On Ice During Week\*\*\***

## WHAT WILL BE COVERED IN SESSIONS?

**Ice Time #1** – (1 hr) Individual Skill Development: Power Skating, Puck Handling, Shooting, Passing, Checking / Body Play, and Video taping on Thursday.

**Ice Time #2** – (1 hr 15 min) Team Concepts: Offensive and defensive zone situations, forechecking skills, breakouts, and situational plays (1-1's...3-2's) both offensively and defensively, and more.

**Ice Time #3** – (1 hour) Game time: This hour will be spent playing a variety of small ice games as well as full ice scrimmages toward the end of the week.

**Dryland #1** – This time will be spent with the coaches in a number of different settings. The goal for this session is to teach kids more about playing and thinking the game.

**Dryland #2** – This session will be run by our current college players and will stress things that the kids can take with them and use off the ice to improve their game.

**Shooting / Stickhandling** – Each player will shoot around 100 pucks a session concentrating on a different shot each day. At the same time they will be going through a stickhandling circuit to work on their puck skills.

## CAMP STAFF

### Camp Directors



Mike Hastings



Darren Blue



Todd Knott

The current Maverick coaching staff is excited to combine their past experiences and offer a top notch hockey camp on the campus of Minnesota State University, Mankato. We look forward to seeing you at the rink!

**Coaching:** Each group will have two coaches. They will work with the players both on and off the ice. Our staff consists of exceptional coaches that currently work at the High School or College level. We have chosen a group of coaches who are very experienced in summer camps, and they will work hard to help your son improve.

- **Todd Knott** – Assistant Coach of Minnesota State University Men's Hockey Team
- **Todd Kennedy** – Assistant Head Coach - Prior Lake High School
- **Jamie Huffman** – Assistant Coach Austin Brulas pf NAHL
- **Dan Heath** – Former Maverick and current MSU Maverick Student Assistant coach
- **Brett Bruininks** – Assistant Coach of the MSU Women's Hockey Team

- **Scott Rideout** – Former goaltender at the University of Calgary and coach of Notre Dame High School in Wilcox, Saskatchewan

**Counselors:** There will be two counselors assigned to each group throughout each day. All of the counselors will be current or former Minnesota State Mankato players with aspirations of coaching or teaching in the future. These young men will be with your son on and off the ice and will provide a positive influence for them to look up to.

Bryce Gervais	Max Gaede	JP Lafontaine
Matt Leitner	Brett Knowles	Teddy Blueger
CJ Franklin	Stephen Williams	Casey Nelson

## ENROLLMENT AND FEES

We will offer one sessions open to players in squirts, pee-wees, and Bantams during the 2015-2016 season. You should sign them up for the group they will be in next year. Numbers will be limited so apply early.

One Session July 26-31

**Cost:** Resident Fee: \$ 695.00 / Week  
(air conditioned dorms)  
Commuter Fee: \$ 435.00 / Week

**A deposit of 50% must accompany all registrations.** The balance is due by check-in on the first day of camp. Cancellation will be accepted because of medical reasons only and must be accompanied by a letter from a doctor.

**Insurance and Medical Care:** Participants must provide their own medical insurance. A doctor is on constant call and hospital facilities are readily accessible. **BECAUSE OF THE RIGOROUS DAILY SCHEDULE, EACH PARTICIPANT SHOULD COME TO SCHOOL IN TOP PHYSICAL CONDITION.** Every effort is made to protect the participant's health and safety through the training of our Staff, constant inspection of equipment and supervised instruction of participants. However, the school staff assumes no responsibility for accidents or illnesses. We will not accept a participant with a pre-existing medical problem unless we have been notified prior to registration. A full time certified athletic trainer is on staff each day.

For more information check us out on the web at [www.msumavericks.com](http://www.msumavericks.com)

**DON'T DO ENOUGH TO BE AS GOOD AS THE OTHER PLAYERS, DO MORE TO BE BETTER THAN THEM!**